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现在zbn⊕w 联合早报

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(初觉艺术工作者, 30岁) 探讨社会对身体的规范

祝觉艺术工作者陈坷睿(前 名陈科睿)意外自己会获得青年 艺术奖,觉得奖项来得有点早, 可能得承受周围人不必要的目 光。然而,他受访时说,得奖是



陈坷睿从事表演、录像、电影与 互动装置创作。

好的, 奖金可以用以提升录像器 材, 或正在开展的创作计划。他 也想到外面世界呼吸一下, 认为 "操个环境, 有助于60代"。 陈珂睿是拉萨尔艺术学院账 期讲师, 2014年考线线支术硕 士学位。他曾参与西班牙科尔多 瓦、法国卢瓦尔当代艺术基金会 和商洋理工大学当代艺艺术中心入 甲罗本工作是计创

驻艺术工作者计划。

创作最初源于个人故事

唯一的关注点,但创作最初源于 个人故事。陈珂睿从小爱吃,觉 得吃东西让他非常快乐,家人宠 爱着他,任他吃喝,结果体重超 重,常被同学嘲笑欺负。当兵 时,他的体重又成为问题。他的体重又不同问题。 个超重兵团得受训26个星期,普

十盆重民团得受迎这个星期,普通团改九个星期。 他说,"在新加坡,人人的 身体被规范力机器,肥胖身体被 视力就乏效率的机器,我关心的 是,在社会与政治制约下的我们 选林军者已,说的其实是人的处 境。我们迷恋健身,将自己的身 形容着完全或是理想的身形。如果你不跟随大众,就有可 能比大次死得早。" 2013年,他成功减肥30公斤, 而前体重维持120公斤,感 资约性重或化,有益健康。

斤,目前孫重環符120公斤,感 觉到体重減轻,有益健康。 因各各树来喜欢四处寻找野 生榕梿,陈珂零一次跟随他去寻 宝,拍成短片(捡榴梿),在 2016年新加坡国际电影节上播 映。他透露,下一部短片将以婚 礼为主题。

(独立舞者,35岁) 启发老人小孩参与舞蹈活动



来自澳大利亚的独立舞蹈工作者雅拉扎根新加坡,教育并推广舞蹈。

"perfect strangErs" 、2014 年的"Noted with Thanks"、 2016年的"Against"等。 2015年,她加入另一 本地舞团化生艺术团(Arts

▲地費出化生艺术团(Arts Fission),以资深舞者身份广泛 参与社区舞蹈推广,用表演、沟 通和影像等手法启发老年族群参 与舞蹈活动,除老年人,3至15 岁的儿童和少年,也是她舞蹈普 及的对象。

时刻保持舞者状态

成立的本地现代集团器人舞团 (T.H.E)主团,她和辛子豪都 是该团创团成员。直至2015年 离开舞人舞团前,身力舞者的 她,参加了包内在亚洲和欧洲的 所有重要巡流,与梅卓夷,邢 无、张晓雄、&O Saku等海内外 如名编舞合作过。 此外、她也涉蹈集舞,为 舞人景团主团和二团在"M1 触·现代舞蹈节"上编创作品, 主要作品包括2011年的"Spare 和"、2012年的"Accidentally

Rm"、2012年的"Accidentally on Purpose"、2013年的

工作时必然要以表演为重,拥有 工作时必然要以浓演为重,拥有 自由分伤后,时间安排上得更加 紧索,我可能上午教课,下午编 紧要更加合理地管理自己,尤其 是自己的身体。我是那种很该体 性的老师,我喜欢做很多示意来就得不是个 来引导和启发学员。即使不是全 职臂者,我也坚持让自己时刻保 持在一种舞者、我也坚持让自己时刻保 的负责。"

生计问题 独立艺术工作者,名称听起 来自主度高,雅拉以自己的经验 来追此说。和立艺术工作者的生计给 终是首要问题。 "没有全职工作,就没有固 定月幕。"雅拉说,"而且社会压 力,还好我已经结婚了,虽然目 前没有孩子,但可能也要面临了, 大的劳育问题。庆幸的是,我拥 有家庭的支持,即使如此,还是 要非常注意自己的经济状况。 生生计话题相关,绝发现本 地年轻質简单反的一个特殊共则 长音式够达得一个职业应用度高丽 学习不够够达,例如

学习,拿到大学学位后,再投入 舞蹈工作。雅拉说,本地仍有大 批对舞蹈抱有激情的年轻人,但

雅拉希望有关当局能为舞者 和编舞提供更多工作,也继续宣 导舞蹈,并协助开拓新观众。

独立艺术工作者的 生计问题

时刻保持舞者状态 2016年4月,雅拉成为独立 算記之术工作者,在拉萨尔艺术 学院、新加坡国立大学、城市话 管(Ctry Balle1)等院校任教或 编创,今年别在由艺理会发起的 Dance Nucleus"野代化"项目中 与卓子豪天明发表新作。 雅拉受访时说:"在舅团中 全职工作机会仍有限。

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Four Young Artist Award winners inherit the power of art

Born in the 1980s, four of Singapore's young local art practitioners were the recipients of the National Arts Council's annual Young Artist Award. They are music conductor Wong Kah Chun, independent dance practitioner Yarra Ileto, visual artist Kray Chen Kerui, and poet Joshua Ip. The Young Artist Award winners each received \$20k to help fund their creative art practice. The recipients sat down with Zaobao to discuss their artistic careers and future plans.

Photo: Over several weeks, Wong Kah Chun will serve as conductor for a number of international orchestras.

Kray Chen Kerui (Visual artist, 30 years old) **Exploring social norms relating to the body**

Photo: Kray's body of work includes performances, videos, films and interactive installations

Receiving the Young Artist Award was a bit unexpected for visual artist, Kray Chen Kerui. He felt that the timing was a bit premature, and that he now has to deal with the unwanted pressure that comes with the spotlight. Nevertheless, when interviewed, he said that the award was a positive event as the prize money can be used to enhance his current stock of video equipment, fund a new project, or aid him in his travels as "a change of environment is good for creativity".

Obtaining his MA Fine Arts from LASALLE College of the arts in 2014, Kray is now a part-time lecturer at his alma mater. He has participated in multiple art residences in Hangar (Spain), FRAC Des Pay De La Loire (France) and NTU-CCA Singapore.

Created works draw from one's personal stories

Kray creates performances, videos, films and interactive installations with themes that revolve around memories, body and inertia. His video, *Exercise Now and Fit a Standard Size Coffin Late* (2016), explored social norms related to the body and fitness. Following this same thread, another work of Kray's saw him draw upon his memories as an overweight soldier during National Service. Through a video installation, Kray captured the feelings he had then when he would sing *I'm a Steamroller Baby*, with his fellow obese comrades, on an endless loop whilst they march. Another work of his, *50 4-Digits Numbers To Define My Life in Chronological Order* (2016), explored how dates associated with one's life can affect the bodily experience on Earth.

While the body is a recurrent theme in Kray's work, his main focus is rather on one's personal stories.

Since he was a young boy, Kray loved eating because that was when he felt the happiest. His family thus pampered him, allowing him to eat or drink whatever he wanted. This resulted in him being overweight, and earned him Lianhe Zaobao, Pg 5, 25 October 2017 Source: Lianhe Zaobao NOW © Singapore Press Holdings Limited. Permission required for reproduction

endless amount of teasing from his classmates. Kray's weight was also a problem during his military service, and he had to undergo 26 weeks of training compared to the usual nine weeks.

Kray said, "In Singapore, people's bodies are seen as machines, and fat bodies are seen as inefficient machines. My concern is how we view ourselves under social and political restrictions. Today, we are obsessed with exercise, subjecting our bodies to adhere to some standard or the most ideal shape. The message is that if you don't follow the crowd, you may just die sooner."

In 2013, Kray successfully lost 30kg and currently maintains his weight at around 120kg. He now feels healthier than before. With that said, there was one time he accompanied his father to on a hunt for wild durians. He decided to record his experience into a short film, *Durian Picking*, that was shown at *Singapore International Film Festival 2016*. Kray revealed that his next short film project will focus on the subject of weddings.

Yarra lleto (Independent dancer, 35 years old) **Inspiring both young and old to dance**

Photo: Originally from Australia, independent dancer Yarra lleto came to Singapore to study, promote and teach dance.

Yarra lleto was born in Australia, and in 2001, she relocated to Singapore where she obtained citizenship and received the Young Artist Award. Mention should be made that her husband, Zhuo Zihao, was also a recipient of the Young Artist Award back in 2012.

Yarra graduated from LASALLE College of the Arts in 2008. The same year, she joined the local contemporary dance troupe, T.H.E. Dance Company, as a lead dancer and founding member. Before she left T.H.E. Dance Company in 2015, she participated in all of the troupe's major performance tours throughout Asia and Europe, working with well-known choreographers including Mei Zhuo Yan, Xing Liang, Zhang Xiao Xiong and Boi Sakti.

Beyond dancing Yarra is also involved in choreography, being in-charge of choreographing works for T.H.E. Dance Company and its youth wing, T.H.E. Second Company, during the *M1 Contact Contemporary Dance Festival*. For instance, in the 2011 edition of the Festival, she choreographed *Spare Rm*; in subsequent editions, she created several original pieces that included *Accidentally on Purpose* (2012), *perfect strangErs* (2013), *Noted with Thanks* (2014) and *Against* (2016).

In 2015, Yarra joined another local dance troupe, Arts Fission, as a Senior Artist. In that capacity, she combined her knowledge and experience as a dancer, with performances and film imagery, to inspire the elderly and youths to participate in dance activities. Lianhe Zaobao, Pg 5, 25 October 2017 Source: Lianhe Zaobao NOW © Singapore Press Holdings Limited. Permission required for reproduction

Maintaining a constant state of dance

In April 2016, Yarra became an independent dance practitioner, and took up teaching engagements at LASALLE College of the Arts, the National University of Singapore, and the City Ballet Academy. This year at the National Arts Council's *Dance Nucleus*, Yarra and her husband co-published several new works.

During our interview, Yarra said, "When working in a dance troupe, the focus is centred around the performance but after going solo, planning my time takes up a lot more of my attention. For instance, in the morning, I will have to teach a class. Then in the afternoon, I will have to choreograph a routine, and on nights or weekends, I will have dance rehearsals with kids. I have to properly manage myself now, not only my time, but especially my body. I'm a very hands-on kind of teacher as I like to do a lot of demonstrations to guide and inspire my students. Despite not being a full-time dancer, I strive to keep myself in a constant state of dance. This is my responsibility to my students."

Work-life balance of an independent dancer

While being an independent arts practitioner may sound like it has a high degree of freedom, Yarra shared that her experience has been otherwise since work-like balance is a major issue.

She also added, "Without a full-time job, there is no stable income. Additionally, society puts a great amount of pressure on women my age. Fortunately, I'm already married. While my family supports me, I still need to pay a great deal of attention to my financial situation."

Yarra has also discovered a common trend among her local dance students. That is, many of them with dreams of becoming professional dancers are often enrolled in science classes in university. Consequently, they do not have the time to practice their craft. Once they have gotten their degrees and intend to go back into dance, they thus found it tough since the body is no longer in optimum form. Compounding the problem is the fact that Singapore has a large number of young passionate dancers, and with only so few opportunities for full-time job placements.

Yarra therefore hoped that organisations can provide more work for dancers and choreographers. In addition, she felt that efforts on promoting dance to a broader audience should be continued as this will cultivate greater interest to the art.